

« **Your house** », **in the biblical sense**. « As for me and my house, we will serve the LORD » (Joshua 24:15). Your house is everyone who lives under your roof – a large family, a couple, a single parent, or you alone before God. A household of one is a household, and this altar is for it, fully.

The altar is not repaired in a single session

Session 1 laid the stones. This session lights the fire — and teaches how to keep it burning.

SESSION 1

Create · Lay down · Pass on a gesture

SESSION 2 – CONTINUATION

Live · Speak · Pass the torch to the next generation

Opening — Worship & Gathering the cards

Integrated worship · gathering what came alive

20 min

Diagnosis — Audit of the altars

Follow-up questionnaire · what has moved · what resists

20 min

Workshop A — Living worship with the children

S1: create the card S2: rehearse the worship here, now

35 min

Break

10 min

Workshop B — Going deeper in forgiveness

S1: lay down S2: write a letter to God · 2 options

40 min

Workshop C — The child passes it on to a peer

S1: parent child S2: child child · the mantle passes

40 min

Sending — Stone of Ebenezer

Memorial · intergenerational blessing · sending on mission

15 min

Materials for Session 2

- Session 1 sheets (each household brings its own)
- **Workshop A:** Bibles or printed texts, paper, felt-tip pens
- **Workshop B:** Letter paper (option A) · chairs face to face (option B)
- **Workshop C:** Symbolic objects on a central table: blank notebooks, small Bibles, cards with verses
- **Sending:** Pebbles or stones (1 per household), permanent markers

BLOCK 1

Opening — Worship & Gathering

□ 20 min · 0:00–0:20

Continuation of S1: In S1, the opening was 5 min of worship + an icebreaker on a memory. In S2, the worship is deeper and the icebreaker becomes the gathering of what came alive since S1.

WORSHIP IN 4 MOVEMENTS · 12 MIN.

- 1 **Gratitude (3 min.)** — A lively hymn. Spontaneously invite people to name one thing received since Session 1. 30 seconds of voices in the room, without a microphone.
- 2 **Contemplation (3 min.)** — A slower hymn. The facilitator reads Exodus 34:6 quietly over the music: *“The LORD, merciful and gracious, longsuffering, and abounding in goodness and truth...”*
- 3 **Silence with instrumental (3 min.)** — Music only. Open palms. One sentence from the facilitator: *“Stay before Him.”* Then silence.
- 4 **Asking for the Holy Spirit (3 min.) — P4 of the booklet** — The facilitator says quietly: *“What we are about to experience this afternoon cannot happen without You. Come. Baptize us with Your presence.”* Then a simple prayer, standing, hands outstretched.

MacLafferty: *“Ask for and receive each day a new baptism of the Holy Spirit. There are two major results: we receive the fruit of the Spirit, and we have the power to be witnesses for Christ.”* — P4, *Return to the Altar*. | Acts 1:8

Luke 11:13 — “How much more will your heavenly Father give the Holy Spirit to those who ask Him!” |

Galatians 5:22-23 — love, joy, peace, patience, kindness: the fruit the Spirit produces in the home.

Make visible what came alive

- 1 Ask each household to take out its Session 1 sheet. **For those who don't have it:** *"That's information, not a fault. We'll work on it together."*
- 2 Question in pairs — 3 min.: *"What came alive in your home worship this week — even once, even 3 minutes?"*
- 3 Collect 3 to 4 answers. The facilitator listens, says only: *"Thank you. It's real."*

GATHERING QUESTION

"If your home altar this week were a flame — a bright fire, a flickering candle, or smoldering embers?"

"Come to Me, all you who labor and are heavy laden, and I will give you rest."

MATTHEW 11:28 — P1 OF THE BOOKLET · GRACE ALWAYS PRECEDES EFFORT

BLOCK 2

Diagnosis — Audit of the altars

□ 20 min · 0:20–0:40

Continuation of S1: In S1, the diagnosis captured the starting point. In S2, it measures the movement — what has moved, what still resists.

S1 — STARTING POINT

8 questions on the state of the altar. A first mirror.

S2 — MEASURING THE MOVEMENT

7 questions on what has changed — and what resists.

Follow-up questionnaire · 7 questions · YES / NO

REWORDED QUESTIONS — THEY OPEN, THEY DO NOT ACCUSE · +1 PERSONAL-GROWTH QUESTION

- 1 Our family held its home worship **at least once** this week.
- 2 Our children **actively took part** — not just were present.
- 3 I have a **spoke a blessing** over my child or a member of my family.
- 4 I have a **had at least one moment of personal prayer** this week — not just home worship.
- 5 I have a **read the Bible personally** at least twice this week — for myself, not only to prepare home worship.
- 6 There is something in my family that **I would like to entrust to God** today.
- 7 I feel that my home is **different** — even slightly — compared with Session 1.

Note for the facilitator

Questions 4 and 5 measure personal spiritual growth — distinct from home worship. If the majority answer NO, it is a teaching signal: you cannot feed the home altar without first feeding the personal altar.

TEACHING · 8 MIN.

From repair to upkeep

Elijah repaired the altar. But it was the fire that made it alive — and the fire must be fed. S1 laid the stones. This session teaches how to feed the flame.

“He must increase, but I must decrease.”

JOHN 3:30 · THE LOGIC OF GOING DEEPER

Transition sentence to the workshops:

“What you have just heard shows exactly what we are going to work on. Not in theory. By doing.”

Living worship with the children

□ 35 min · 0:40–1:15

Continuation of Session 1 – Workshop A: In Session 1, each household created its sheet – a plan on paper. In Session 2, they hold home worship here, now, with their children. The sheet comes alive.

If you live alone or without children – your « worship with the children » is with a young person from your oikos whom you mentor: a nephew, a godchild, a child of the Church. Elijah was not Elisha's father, yet he passed on everything to him (2 Kings 2). Or live it as a pair with someone from the group.

WORKSHOP A · CONTINUATION

A real home worship – 15 minutes, now

35 min · S1 card, Bibles or printed texts, colored paper, felt-tip pens

R1

Choose a model · fill in the card · imagine how it would go

R2

Lead a real worship · here · with the children · a real 15 minutes

- 1 **Anchor (4 min.) – Facilitator**
Read Mark 10:13–16. Say: “*Today your children are not watching. They are taking part.*”
- 2 **Household preparation (5 min.)**
Take up the S1 card again. Choose a **single element** to do with the children: a verse · a question · a prayer · a game from the box. **It is the child who chooses.**
- 3 **Household rehearsal (15 min.) – All at the same time**
Each household leads its worship in its own corner. The facilitator moves about in silence. Soft instrumental music. The children lead as much as the parents.
- 4 **Sharing back (7 min.) – In the large group**
3 questions, one answer per volunteer group – 30 seconds max each.
- 5 **Card adjustment (4 min.)**
Each household notes on its Session 1 sheet **one single thing** that it changes as a result of what it has just experienced.

The 3 sharing-back questions

QUESTION 1 · TO THE CHILD

“What did you like about this moment?”

QUESTION 2 · TO THE PARENT

“What surprised you in the way your child took part?”

QUESTION 3 · TO EVERYONE

“What will you do differently at home this week?”

TRANSITION

Break

□ 10 min · 1:15–1:25

SAME TRANSITION AS IN S1 – DO NOT SKIP

To do during the break

- Prepare the chairs according to the option chosen for Workshop B.
- When resuming: ask each person to close their eyes for 30 seconds. Then say the transition sentence.

TRANSITION SENTENCE

“In S1, you laid something in a container. Today we will go a little deeper into the same gesture. Not harder – truer.”

Going deeper in forgiveness

□ 40 min · 1:25–2:05

Continuation of Session 1 – Workshop B: In S1, each person has *placed* a wound in a container – just a first step, to begin. In S2, we go deeper into the same movement. Two options depending on the group.

R1

Write a name or a situation · hold the paper · lay it down in silence

R2

Write a letter (Option A) · or speak quietly before a witness (Option B)

WORKSHOP B · CONTINUATION · 2 OPTIONS

One level deeper in the same gesture

40 min · Same warning as S1

To read aloud

“As in Session 1, no one will be asked to share in public. Everything stays between you and God. Option B offers to go a little further – it is entirely optional.”

CHOOSE ACCORDING TO THE MATURITY OF THE GROUP

Option A · For all groups

The same space as S1 – a deeper descent, not a new register.

- 1 **Anchor (5 min.)** – Read Psalm 51:10-12. Ask in silence: “What did you lay down in S1 – and what did you take back when you got home?”
- 2 **Write a letter to God (15 min.) – Silent**
This time, not only a name. A letter. Three lines minimum: what you felt · what you ask for · what you cannot yet let go of – and can still entrust to Him. *No interruption. Instrumental music.*
- 3 **Prayer of surrender (10 min.) – Guided**
Same structure as in S1, but with 60 seconds of silence instead of 20-30. Text below.
- 4 **Keep or lay down (5 min.)**
Each one chooses: lay the letter in the container – or keep it folded as a reminder of what has been handed over. Both gestures are valid.
- 5 **Hymn of grace (5 min.)** – A single hymn on the faithfulness of God.

Option B · For groups that know each other well

Speak quietly before a chosen witness. Not in public — in a pair. The witness receives without replying.

TEACHING NOTE — READ BEFORE OFFERING OPTION B

This option is only suitable for groups that already have a real fabric of trust. If in doubt, choose Option A. Option B, poorly timed, wounds more than it frees.

- 1 **Anchor (5 min.)** — Read Ephesians 4:32. Say: *“To forgive does not mean it was acceptable. It means choosing to no longer be its keeper.”*
- 2 **Choose a witness (3 min.)** — A trusted person in the room. Stand face to face, speaking quietly.
- 3 **The sentence of release (12 min.) — In pairs simultaneously**
Each one says quietly: *“I entrust this to you before God: there is [a situation / a person] I have chosen to forgive. I am not saying it was right. I am saying I choose to hand it over to God.”*
The witness replies with a single sentence: *“I have heard it. God has heard it.”*
- 4 **Prayer in twos (5 min.)** — Each pair prays briefly for one another.
- 5 **Hymn of grace (5 min.)**

Prayer of surrender — Option A · Step 3

“Father, we come back with what we had handed over to You — and sometimes took back on the way home.

[Silence, 30 seconds]

We were not able to forgive on our own. We still are not. But You did it before us — on the cross, for people who did not deserve it.

[Silence 60 seconds]

We hand this over once more. Not because it is resolved. Because we choose to no longer be its keeper. Take it. In Jesus’ name, amen.”

The child passes it on to a peer

□ 40 min · 2:05–2:45

Continuation of Session 1 – Workshop C: In S1, the parent passed a gesture to their child. In S2, the child becomes a transmitter in turn – toward another child. The mantle passes to the next generation.

R1

Parent Child

The adult initiates · the child receives

R2

Child Child

The child initiates · a peer receives

WORKSHOP C · CONTINUATION

What you have received, you can give

40 min · Central table with symbolic objects

What's at stake

Elisha did not learn from his father. He learned from Elijah. And when Elijah went up, Elisha picked up the mantle – and set off again. Every child here can do the same.

TEACHING ADJUSTMENT – SIMPLIFY THE GESTURE

In S2, the child does not prepare a speech. They pass on **a simple gesture** they have learned: placing a hand on a peer's shoulder and saying a short sentence. That is enough. It is within reach of a 6-year-old as much as a teenager.

- 1 **Anchor (5 min.) – The whole room, children included**
Read 2 Kings 2:13-14. Say to the children: *“Elijah was not Elisha’s father. But he taught him something important. And when Elijah left, Elisha carried on. You can do the same thing.”*
- 2 **Each child chooses an object from the central table (5 min.)**
Blank notebooks · small Bibles · cards with a verse · blank worship cards. They choose the object they want to *give* – not keep.
- 3 **Each child chooses a peer (3 min.)**
Another child in the room – preferably someone they know a little less well.
- 4 **The passing on (12 min.) – In pairs, simultaneously**
The child gives the object and says a simple sentence: *“I give you this because since I started praying with my family, I see that God answers.”* – or in their own words. The other child receives. Then they swap roles. The parents watch from a distance, in silence.
- 5 **Final circle – children and parents mixed (10 min.)**
3-4 volunteer children: *“What did you say to your friend?”*
3-4 parents: *“What did you see on your child’s face?”*

6 **Prayer of consecration (5 min.)** – Parents behind their children, hands on their shoulders.
The facilitator prays aloud.

What each person takes away

- The updated S1 card – a concrete adjustment after the rehearsal
- A letter handed over to God – or a word spoken before a witness
- A child who passed a gesture to a peer
- The Ebenezer stone – a memorial of what God has done here

Sending — Stone of Ebenezer

□ 15 min · 2:45–3:00

Anchoring duo · 2 min

Before you are sent out: turn to **the person next to you** — whoever is there, not necessarily your family — and tell them **the one thing you take away and will do this week**. Listen to theirs. Two sentences each.

Odd number: form a trio. No one is left alone — that is the rule.

Continuation of S1: In Session 1, the households raised the light of their phone — a blessing received in the light. In Session 2, the households stand and proclaim aloud. It is no longer a reception — it is a declaration.

“Thus far the LORD has helped us.” — 1 Samuel 7:12

EBENEZER RITUAL · 5 MIN.

- 1 Hand out a pebble to each household. The children receive one too.
- 2 Each person writes on their stone **a single word** — what God has begun in their home during these two sessions. Allow 2 minutes.

PROCLAMATION IN A CIRCLE · 7 MIN.**Standing · In a circle · Stone in hand · Each one proclaims**

It is no longer a blessing received sitting down. It is a declaration made standing. The sending of Session 2 is stronger than that of Session 1 — because the households have done something real.

- 1 The whole room stands. The families form a large circle — adults and children mixed. Each holds their stone.
- 2 The facilitator says: *« In turn — children included — each household says the word written on its stone aloud, facing the circle. Just the word. No explanation. »*
- 3 The words rise — Forgiveness, Fire, Revival, Healing, Faith, New beginning... Each word spoken becomes a stone in a collective altar.
- 4 When all have spoken, the facilitator concludes: *“These words — that is what God has done. These stones — that is your Ebenezer. Go. The LORD goes before you.”*

Final intergenerational blessing

The parents stand behind their children. Hands on shoulders. All still hold their stone.

“May the LORD bless you — you, your children, and your children’s children.

May the altar begun here never go out.

May what you have received and passed on stay engraved in the memory of your sons and daughters.

Go. The LORD goes before you.”

Hineni. — Thus far the LORD has helped us.

Your altar is burning. It is now ready to shine out. At the next session — we go out.

TOWARD SESSION 3

- The following sabbath: 2–3 families share a testimony.
- WhatsApp follow-up group: one testimony a week.
- S3: Discipleship & Mission — identify your gift, your style, your Oikos.

Weekly challenge — P2, P3, P4 of the booklet

- **P2** — Each morning this week: ask God to wake you for time alone with Him, no phone for the first 15 minutes.
- **P3** — Read the passage written on your S1 card · field ☺. Circle a promise. Pray it aloud. (Psalm 119:105)
- **P4** — Before this week’s home worship: pray together to receive the baptism of the Holy Spirit. One sentence is enough: “*Father, send Your Spirit upon our home.*”
- **Appendix 2** — Prepare your personal testimony in 1 minute: *Before knowing Jesus · What Jesus did · What it changes now.* You will need it in S3 for your Oikos.

“You who love God, take Jesus with you wherever you go; and, like the patriarchs of old, erect an altar to the LORD wherever you pitch your tent.”

E.G. WHITE · TESTIMONIES FOR THE CHURCH, VOL. 5, P. 320